

Winning Touch Tennis 2015-16 Adult Instruction

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The philosophy of Winning Touch Tennis adult instruction revolves around stroke mechanics and strategy with a major focus on match play scenarios. Our goal is to show players of ALL LEVELS and AGES success while having fun with our **Lesson Progression Program**. The **Lesson Progression Program** gives structure and meaning to the drill that is often lost. Players will truly see and feel themselves getting better when focusing on progressions that revolve around stroke mechanics or strategy in the drill.

OUR PROGRAMS

- **Beginner Drills**

- This clinic is for players just learning the game or coming back after an absence. This class introduces the fundamental strokes of tennis: groundstrokes, volleys, and serve. The goal of this class is to improve each players strokes, footwork and learn to rally with consistency.

- **Early Bird Programs**

- This clinic is designed for adults at any level who are looking for a good workout before the long work day. Each clinic will consist of high energy drills to work on stroke mechanics and match play scenarios.

- **Drill/Play (2.5-3.0)**

- This clinic will reinforce stroke production and mechanics. It is for the player who has established consistency and wants to play against an equally leveled player. The clinic will incorporate shot placement, doubles/singles tactics and point construction.

- **Drill/Play (3.0-4.0)**

- This clinic is for the higher level player who has a good handle on consistency, shot placement and depth. The drill will focus more on advanced footwork, and doubles/singles tactics.

- **Private clinics and alternate times are available upon request**

2015-16 Drill Schedules

Monday Drills (\$525 for 15 weeks, starting 9/14 and ending 12/21)

7:30am - 9:00am (Early Bird for Beginners)

1:00pm - 2:30pm (3.5-4.0 women's drill)

1:30pm - 3:00pm (2.5-3.0 drill)

7:00pm - 8:30 pm (3.5-4.0 drill)

Tuesday Drills (\$560 for 16 weeks, starting 9/8 and ending 12/22)

8:00am - 9:30am (Early Bird for 2.5-3.0)

9:30am - 11:00am (2.5-3.0 drill)

11:00am - 12:30pm (women's beginners drill)

1:00pm - 2:30pm (2.5-3.0 drill)

1:30pm - 3:00pm (3.0-3.5 drill)

7:30pm - 9:00pm (3.5-4.0 drill)

Wednesday (\$560 for 16 weeks, starting 9/9 and ending 12/23)

8:00am - 9:30am (Early Bird for Beginners)

9:30am - 11:00am (three courts, 3.0 drill)

1:00pm - 2:30pm (women's beginners drill)

Thursday (\$490 for 14 weeks, starting 9/10 and ending 12/17) no class 11/26

9:30am - 11:00am (3.0 drill)

Friday (\$455 for 13 weeks, starting 9/11 and ending 12/18) no class 11/20 & 11/27

8:30am - 10:00am (Early Bird for 3.5-4.0)

9:30am - 11:00am (3.0 drill)

1:00pm - 2:30pm (2.5-3.0 drill)

Saturday (\$455 for 13 weeks, starting 9/12 and ending 12/19) no class 11/21 & 11/28

8:00am - 9:30am (4.0 Men's drill)

ADULT PROGRAM SIGN-UP AND AGREEMENT FORM

Name: _____

Address: _____

Phone: _____ **Email:** _____

Class: _____ **Day:** _____

Signature: _____

By signing this agreement form I understand there are no makeups or prorating for classes missed. All payments are final once the session begins and there will be a 20% processing fee charged for any cancellations prior to the start of any session.